

Contents	Personal drink consumption
<a href="#">Metadata</a>	Information about this file
<a href="#">Coffee</a>	Personal coffee consumption, 1995-2020, (Cups/day)
<a href="#">Beer</a>	Personal beer consumption, 1995-2020, (Pint/week)
<a href="#">Water</a>	Personal water consumption, 1995-2020, (Cups/day)
<a href="#">Wine</a>	Personal wine consumption, 1995-2020, (Glasses/week)

<http://www.dannydorling.org/>

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# Metadata

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These reference tables contain statistics of my personal consumption on several drinks between 1995 and 2020 (I now have an aim for the consumption of those drinks). The graph beside each table shows the every consumption each year and the absolute change over time. The x-axis is the absolute change while the y-axis is the consumption. Each circle represents a certain year.

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[Contents](#)

## Personal coffee consumption, 1995-2020, (Cups/day)

Source: Made up data based on the recalls of the coffee consumption  
Frequency: Yearly, End of period

Observation date	Absolute change (cups/day)	Total consumption (cups/day)	Label
1995	0.10	0.10	1995
1996	0.19	0.20	
1997	0.34	0.48	
1998	0.45	0.87	
1999	0.47	1.37	
2000	0.37	1.80	2000
2001	0.24	2.10	
2002	0.18	2.28	
2003	0.36	2.46	
2004	0.52	3.00	
2005	0.29	3.50	2005
2006	0.18	3.58	
2007	0.25	3.86	
2008	0.31	4.07	
2009	0.34	4.47	
2010	0.29	4.75	2010
2011	0.15	5.05	2011
2012	-0.03	5.05	2012
2013	-0.15	4.98	
2014	-0.27	4.75	
2015	-0.34	4.45	2015
2016	-0.29	4.07	
2017	-0.17	3.88	
2018	-0.12	3.74	
2019	-0.06	3.65	
2020	-0.02	3.63	2020

## Personal coffee consumption, 1995-2020

### 1. The Slowdown

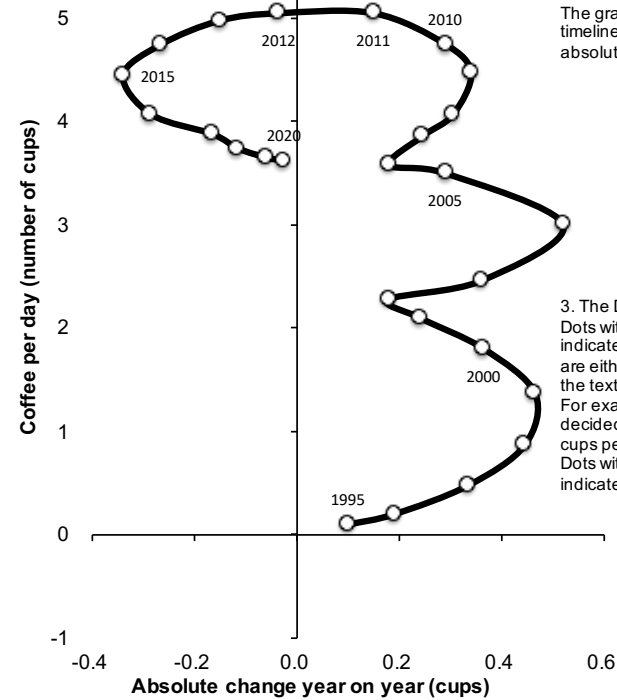
The distance between the dots indicates the speed of change in either or both quantity and degree of growth. The gap between 2011 and 2012 for example, indicates that while there is barely any change in quantity of coffee I drank over the one year period, the rate of absolute change in my coffee consumption stagnated after a relative fast three year retraction into negative growth, or slowdown. By 2015, the slowdown has continued at a slower rate having taken three years to cover the same ground between 2012 and 2014, making the rate of absolute change slower.

### 2. The Timeline

The gradient of the timeline indicates absolute change.

### 3. The Dots

Dots with labels indicate dates which are either mentioned in the text or key dates. For example in 2005 I decided to limit my cups per day to 3.5. Dots without labels indicate subdivisions



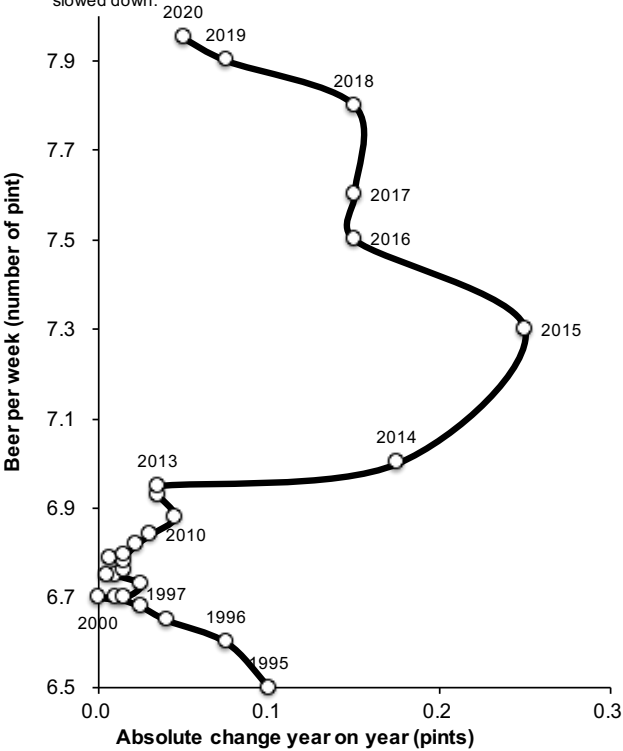
Personal beer consumption, 1995-2020, (Pint/week)

Source: Made up data based on the recalls of the beer consumption  
Frequency: Yearly, End of period

Observation date	Absolute change (pint/week)	Total consumption (pint/week)	Label
1995	0.10	6.50	1995
1996	0.08	6.60	1996
1997	0.04	6.65	1997
1998	0.02	6.68	
1999	0.01	6.70	
2000	0.00	6.70	2000
2001	0.02	6.70	
2002	0.02	6.73	
2003	0.01	6.75	
2004	0.00	6.75	
2005	0.02	6.76	
2006	0.02	6.78	
2007	0.01	6.79	
2008	0.02	6.80	
2009	0.02	6.82	
2010	0.03	6.84	2010
2011	0.04	6.88	
2012	0.04	6.93	
2013	0.04	6.95	2013
2014	0.18	7.00	2014
2015	0.25	7.30	2015
2016	0.15	7.50	2016
2017	0.15	7.60	2017
2018	0.15	7.80	2018
2019	0.08	7.90	2019
2020	0.05	7.95	2020

Personal beer consumption, 1995-2020

My beer consumption increased at an accelerating rate between 1995 and 1999, when I was in my late 20s and early 30s. This consumption changed very little in the first decade of 2000. Then since 2013, when I came back to Oxford, my beer consumption increased at an increasing speed. Two years later in 2015, I drunk one pint after work everyday and a bit more on weekends, and that was quite enough for me. Since then, although I still drink a bit more beer than in previous years, the speed of the change has slowed down.



[Contents](#)

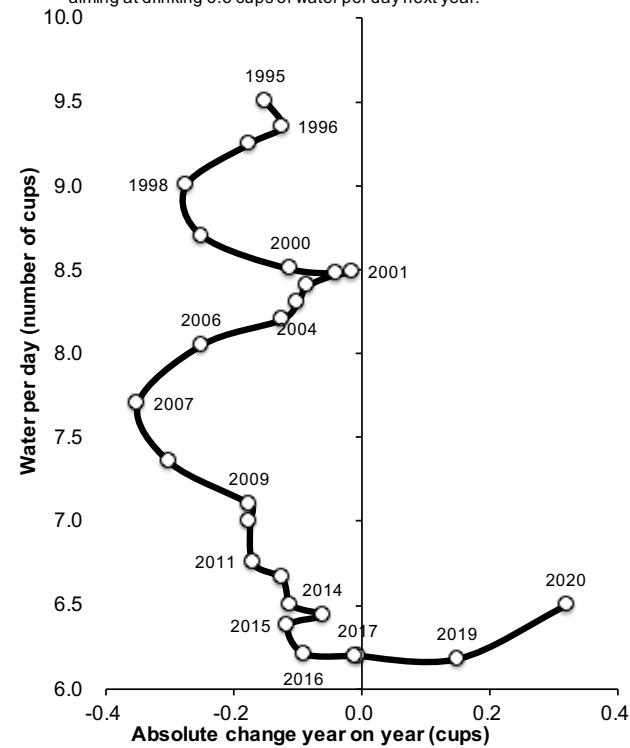
## Personal water consumption, 1995-2020, (Cups/day)

Source: Made up data based on the recalls of the water consumption  
Frequency: Yearly, End of period

Observation date	Absolute change (cups/day)	Total consumption (cups/day)	Label
1995	-0.15	9.50	1995
1996	-0.13	9.35	1996
1997	-0.18	9.25	
1998	-0.28	9.00	1998
1999	-0.25	8.70	
2000	-0.11	8.50	2000
2001	-0.01	8.48	2001
2002	-0.04	8.47	
2003	-0.09	8.40	
2004	-0.10	8.30	2004
2005	-0.13	8.20	
2006	-0.25	8.05	2006
2007	-0.35	7.70	2007
2008	-0.30	7.35	
2009	-0.18	7.10	2009
2010	-0.18	7.00	
2011	-0.17	6.75	2011
2012	-0.13	6.66	
2013	-0.11	6.50	
2014	-0.06	6.44	2014
2015	-0.12	6.38	2015
2016	-0.09	6.21	2016
2017	0.00	6.20	2017
2018	-0.01	6.20	
2019	0.15	6.18	2019
2020	0.32	6.50	2020

## Personal water consumption, 1995-2020

As I drank more and more cups of coffee, the amount of water I drink is declining for the past 20 years. The decline accelerated between 1996 and 1998, when my coffee drinking increased with accelerated rate. It then slowed down between 1999 and 2001. In years of 2001 and 2002, the amount of water I drank barely changed. Then the decline accelerated again after 2004. But since 2007, I began to realise that I should still drink enough water no matter how much coffee I have. Hence the speed of decline has dropped. I am now aiming at drinking 6.5 cups of water per day next year!



[Contents](#)

## Personal wine consumption, 1995-2020, (Glasses/week)

Source: Made up data based on the recalls of the wine consumption  
Frequency: Yearly, End of period

Observation date	Absolute change (glasses/week)	Total consumption (glasses/week)	Label
1995	0.20	1.00	1995
1996	0.13	1.20	1996
1997	0.08	1.25	
1998	0.08	1.35	
1999	0.04	1.40	1999
2000	0.09	1.44	
2001	0.12	1.57	2001
2002	0.37	1.68	2002
2003	0.50	2.30	2003
2004	0.30	2.67	2004
2005	0.12	2.89	2005
2006	0.02	2.90	2006
2007	0.03	2.93	
2008	0.03	2.95	
2009	0.03	3.00	
2010	0.01	3.02	
2011	0.01	3.03	2011
2012	0.19	3.05	2012
2013	0.25	3.40	2013
2014	0.30	3.55	2014
2015	0.38	4.00	2015
2016	0.30	4.30	2016
2017	0.45	4.60	2017
2018	0.50	5.20	2018
2019	0.40	5.60	2019
2020	0.40	6.00	2020

## Personal wine consumption, 1995-2020

My wine consumption increased with a slowdown between 1995 and 1999, when I was in my late 20s and early 30s. This consumption then increase at an accelerated rate in the first three years since 2000, and then slowed down again between 2003 and 2006. Throughout 2006 and 2012, very little increase occurred in my wine consumption. But things suddenly changed in 2013, when I came back to Oxford. My wine consumption soared not only due to the formal dinners here but also due to the pre- and after-drinks with almost every talk. Also the more talks I gave, the more wine I drank.

